**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Secondary V Chemistry

Second IB Reflection

**Thermochemistry**

**1.** Out of the ***Approaches to Learning Skills*** listed below, circle the two you feel you used most effectively to study for the various assessments i.e. to actually learn the material. What could you have improved upon? Make sure to justify your answer and be specific! Refer to class discussions, labs, the lab exam and tests.

**EXPLAIN YOUR THOUGHTS!**

*Self-Management*

*Social/Collaboration*

*Communication*

*Research*

*Thinking*

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**2.** Out of the ***IB Learner Profile Attributes*** listed below, circle the two you feel you used most effectively to learn the material for various assessments. What could you have improved upon? Make sure to justify your answer and be specific! Refer to class discussions, labs, the lab exam and tests.

**EXPLAIN YOUR THOUGHTS AND MAKE SURE NOT TO REPEAT YOUR ANSWERS FROM THE FIRST QUESTION!**

*Inquirer*

*Knowledgeable*

*Thinker*

*Communicator*

*Principled*

*Open-Minded*

*Caring*

*Risk-Taker*

*Balanced*

*Reflective*

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