4 cups milk + 1 tsp butter + 4 eggs $+1 / 2$ cups sugar $\rightarrow 4$ cups custard

A BCE is exactly like a recipe:
$2 \mathrm{H}_{2} \mathrm{O}(\mathrm{I}) \rightarrow 2 \mathrm{H}_{2}(\mathrm{~g})+\mathrm{O}_{2}(\mathrm{~g})$

