

/.R

Group: ____

EST PAGES 386–387

Complete this concept review handout and keep it as a record of what you have learned.

Definition

• A constraint describes the effect of external forces on a material.

Constraints and

material deformations

Main types of constraints materials are subjected to

Type of constraint	Description	Symbol
Compression	When a material is subjected to forces that tend to crush it.	$\overset{\bigcirc}{\models}$
Tension	When a material is subjected to forces that tend to stretch it.	
Torsion	When a material is subjected to forces that tend to twist it.	$\langle \rangle$
Deflection	When a material is subjected to forces that tend to bend it.	
Shearing	When a material is subjected to forces that tend to cut it.	

Types of material deformation

Type of deformation	Description	
Elastic	The constraint leads to a temporary change in the shape or	
	dimensions of the material.	
Plastic	The constraint leads to a permanent change in the shape or	
	dimensions of the material.	
Fracture	The constraint is so intense that the material breaks.	